



***JESUS** helped his disciples understand who he was by giving them pictures they could relate to. Over the next few weeks, we will be exploring the '**I AM**' statements of Jesus in our video talks.*

In the midst of the coronavirus pandemic, the definition of what is deemed “essential” seems to have produced a wide variety of opinions. For a few, the definition is clearly being stretched, especially when it comes to travel.

Last month, police stopped a man on the M1 travelling from Nottingham to London. His reason for the journey? To buy a loaf of bread because it's £1 cheaper in London. Police also stopped a couple in Cornwall who had travelled down from London. When asked about their reason for travel, they replied, “To get some fresh air.”

In 1 Corinthians 15:3-4, Paul tells us what he considers to be essential, or as he puts it, “of first importance.” “For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures.”

One of the things I find interesting in this passage is the phrase, “according to the scriptures”. You'll notice it's mentioned twice. When Paul refers to the scriptures, he's referring to what we know as the Old Testament, words written down many centuries before the crucifixion. This tells us something amazing: God had a plan in place for our rescue! Actually, God had a plan for our rescue even before creation. As Ephesian 1:4 says, “Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes.” The crucifixion wasn't just a fluke of history.

And that truth can give us hope for today. God is still in control and God still has a plan. Even in the middle of what seems chaos, with our lives and this world turned upside down, God has a plan in place. What's more, God's plans are driven by his amazing love for us. A love that has existed before the world began. The words of Jeremiah the prophet is as applicable today, as they were when first written. “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future” (Jeremiah 29:11).

God bless.

Our Sunday Service:

Please join us (online!) for our Sunday Service. Go to Exwick Community Church's Youtube Channel, and find the Service for today. We'll gather at 11 am to 'share' as a family together. You can then sing along to the songs on the video, words below!

VERSE OF THE WEEK:

'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'

John 8:12

ONLINE RESOURCE

The ICE team are doing some on-line material for schools and can be accessed by everyone on the links below. There is primary and secondary material. I thought parents and grandparents could use them.

Our ICE YouTube Channel:

[youtube.com/channel/UCFTtSf5BPf9ErWxtQcR5-kw](https://www.youtube.com/channel/UCFTtSf5BPf9ErWxtQcR5-kw)

Our ICE School's blog: icetrust.co.uk/schools-blog/

Our ICE Facebook page:

www.facebook.com/ICETRUST

Our ICE Instagram feed:

www.instagram.com/icetrustexeter/



Good morning to you all,

I needed cheering up a bit this morning. Unlike all you happy people who dive out of bed, I just didn't see the point (come on, John, pull yourself together).

I started to think about the account in John chapter 2 v 1 - 11, how Jesus turned the water into wine, how devastated the young couple would have felt, if Jesus had not stepped in and saved the day. I needed my day saving.

I have been keeping in touch with Pastor Radek and David from Czech Republic. They send greetings to you all! My brother Dave and I asked them if they needed some more guitars for their young people, so Dave sent them 4, even though it is lockdown.

I opened my emails to find this picture from Radek of the guitars arriving yesterday. Talk about cheer me up; I danced round the room!

Just when we need Him, He's always there.

God bless you all

John & Dorcas



Sunday Worship Songs

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HERE IS BREAD, HERE IS WINE

Christ is with us He is with us
Break the bread drink the wine
Christ is with us here

Verse 2

Here is grace here is peace
Christ is with us He is with us
Know His grace find His peace
Feast on Jesus here

Chorus

In this bread there is healing
In this cup there's life forever
In this moment by the Spirit
Christ is with us here

Verse 3

Here we are joined in one
Christ is with us He is with us
We'll proclaim 'til He comes
Jesus crucified

Graham Kendrick © 1991 Make Way Music

LIGHT OF THE WORLD

You stepped down into darkness
Opened my eyes let me see
Beauty that made
This heart adore You
Hope of a life spent with You

Chorus

So here I am to worship
Here I am to bow down
Here I am to say that You're my God
And You're altogether lovely
Altogether worthy
Altogether wonderful to me

Verse 2

King of all days
Oh so highly exalted
Glorious in heaven above
Humbly You came
To the earth You created
All for love's sake became poor

Bridge

And I'll never know how much it cost
To see my sin upon that cross
And I'll never know how much it cost
To see my sin upon that cross

Tim Hughes © 2000 Thankyou Music

FAITHFUL ONE SO UNCHANGING

Ageless One You're my Rock of peace
Lord of all I depend on You
I call out to You again and again
I call out to You again and again

You are my Rock in times of trouble
You lift me up when I fall down
All through the storm
Your love is the anchor
My hope is in You alone

Brian Doerksen © 1989 Mercy / Vineyard
Publishing

Matt 5:13-16

You are the _____ of the _____
A _____ on a _____ cannot be hidden.
Neither do people light a _____
and put it under a _____. Instead they
put it on a _____ and it gives light
to _____ in the house.
In the same way, let your light _____
before _____ that they may see your
_____ and
_____ your Father in heaven.

Unscramble the letters in the circles and
see what he said this would do for God.



Friday Friendship online!

Join in on Fridays at 10am for 40 minutes of chat over a cuppa (make your own!). You will need to download the Zoom app onto your smart phone/tablet or computer. Go to Google apps or direct to www.zoom.us. Enter the Meeting ID: 738 8875 6789 and Password: 8FrDCW. We hope to see you there!

PLEASE CONTINUE TO PRAY FOR:

Hilary and Jimmy, John, Ena and Bunty, John and Jessie, Rita, Margaret C., Bill and Carol, Ann, Roger and Jonathan, Brian S., Alex C., Nick L. and his nephew Tom, young families in Exwick who are struggling with this lockdown.